

FACT SHEET

Energy saving tips



Whether it's the environment you care about, or simply saving money, here are some simple tips to reduce how much energy you use at home:

- Programme your hot water to only come on when you need it.
- Draw your curtains and fit draught excluders to help keep heat in.
- Try to avoid leaving your front or back door open for long periods of time.
- Make sure taps are turned off properly - a dripping hot water tap wastes energy and can lose enough water to fill a bath.
- Only heat as much water as you need in the kettle and keep lids on pans when you're cooking.
- Turn off lights when in rooms you're not using.
- Try to avoid using your tumble dryer - hang clothes outside to dry if you can.
- Turn off appliances like TVs, computers and radios - even leaving them on stand-by uses energy.
- Check the energy efficiency of new appliances before you buy them.

Choosing the best energy supplier and tariff or switching gas or electricity supplier is easy to do and doesn't affect your energy supply itself.

My Home Energy Switch (www.myhomeenergyswitch.org.uk) is a free service that tells you how much you can save on your bills with different energy companies, offers impartial advice on the best tariff and can help you switch supplier.